

SOCIAL WORK: A WAY FOR ZERO HUNGER WORLD

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ABSTRACT

Social work is an art, science, profession that helps people to solve personal, and community problems and to improve social functioning from the roots, and children in best education, and community relationships through social work practice. Its major roles are reducing problems in human relationships and on enriching living through improved human interaction. Social worker understands the client and situations to make diagnosis and to proceed with treatment, helping to solve the problems and change the situations for better adjustments and strengthen human relationships.

Most of the countries in the world are encouraging social work studies. Everyone is running towards money and money, neither giving importance to the relationship nor to humanity, where, Social work is the solution. Since some individuals cannot afford everything, we should make out sometime from our busy schedule to give back to the community. Depending on one's skills, there are several ways one can contribute.

Keywords: Social work, Food, Hunger, world, zero hunger

INTRODUCTION

Social work is an academic discipline & practice-based profession concerned with meeting the basic needs of individuals, families, groups, children, and society to enhance human well-being.

Social work means committing to everyday challenges that enable you to have a positive impact on the lives of the people in society. Some of the Social Work areas are psychology, sociology, health, political science, community development, law, economics to engage with system and policies.

First social work training started at University of Toronto, Canada in the year 1914. In 1918, Dr Clarence Hincks and Clifford Beers founded the Canadian National Committee for mental hygiene, which later became the Canadian Mental Health Association. It started in 19th Century in England and had its roots in the social and economic upheaval in industrial revolution for mass urban based poverty and its related problems.

Social work is all about people. Social work focuses on helping people overcome difficult challenges in their life. It includes poverty, addiction, unemployment, disability, abuse, mental illness and many others. Social work also places a strong emphasis on social justice and equality. Social work not only focus on supporting people, but also on training and cooperating with them in an effort to change their environments and create better living conditions. Social workers help community members to develop new skills and improve existing ones, which changes people's mindset in the society and encourages them to embrace a proactive attitude.

Social work can be divided into three large categories, each requiring different degrees and skills: Direct practice social work, Clinical Social work and Macro Social work.

1. Direct Practice Social Work: Through this one can directly get attached with people and communities, children and families in fields like health care, child safety, education etc.
2. Clinical Social Work: It allows to diagnose and treat mental illness, as well as substance abuse and addiction.

3. Macro Social Work: It doesn't normally involve working directly with vulnerable people. It includes collaborating with governments and other public and private institutions to change policies and implement new programs.

These days everybody in the world is facing much difficulties in their daily lives globally and facing major financial crisis, especially during the COVID-19 pandemic, like people losing their near and dear ones, due to improper awareness and knowledge of the damages during last three years. Everybody got disturbed and didn't know what to do and how to overcome from that hard pandemic situation. Billions of people got disturbed mentally and financially. At these junctures of time, the government, several NGOs, Private Organizations, and many individuals came forward to help everybody at their affordable levels with the help of social workers, doctors, engineers, police department individuals who know the value of life, who tried to control the situation, at time saved the lives of the people all over the world.

20% of the employment all over the world like Europe, Denmark, Finland, Belgium, France, Germany, England, Australia, Japan, Korea, Canada, and many more contributes to social work and humanity.

Over 1.6 million social workers in US are working for the people's health/education. A growing population results in increase of social work careers who can work in a number of fields, either for the government and state institutions or for private organizations and NGOs.

These are some of the social work careers:

1. Case Managers: They support people by offering them advice and helping them discover the services and provide help they need in order to overcome difficult situation. They also track people's progress and make sure that they follow the recovery plans.
2. Patient Care Coordinators: They work with medical facilities and make sure that they are able to provide top quality medical care for their patients by collaborating with the administration and other staff members in the health care centers hospitals, etc.
3. Community Health Workers: They act as the intermediaries between communities and social and health services. Their goal is to facilitate people's access to these services, to improve their overall quality, and to inform the community members about available programs, rights, for the development of the society.

4. **Mental Health Care Counsellors:** They offer psychological care to the people dealing with a wide range of problems, such as substance addictions, anxiety, depression, abusive relationships, etc. Mental health care counselors work with professionals from other fields like education, and health care, in order to find and fix the root of people's issues.
5. **Substance Abuse Counsellors:** They help people who struggle with alcohol or drug addiction, food disorders and other behavioral problems. Substance abuse counsellors strive to teach people and help them to change their behavior in an effort to recover completely.
6. **School Social Workers:** They are the link between school, pupils and families. They support children with educational or personal problems, as well as children with disabilities to make sure children's needs are being met and to provide educational programs on topics like behavior, health crises situations, etc.

PERCEPTIONS OF FEW PROFESSIONALS

1. “Being unwanted, unloved, uncared for forgotten by everybody, I think that is a much greater hunger a much greater poverty than the person who has nothing to eat.” ~Mother Teresa, **or Saint Teresa of Calcutta, a nun, missionary and founder of The Order of the Missionaries of Charity**
2. “Be the change you wish to see in the World. Pointing out of the flaws and imperfections present all around us is easy. Looking inward and deciding to changes our-selves is more difficult. The first step is always your own.” ~Mahatma Gandhi, Lawyer, Political ethicist and social activist, India.
3. “Every human contributes to the world in some way, whether through positive or negative actions. Social workers can contribute goodness and light, helping people see hope rather than despair. In turn, they can have for positive outcomes in their own lives.” ~Barack Obama, 44th U.S. President
4. “Overcoming poverty is not a task of charity; it is an act of justice”. ~Nelson Mandela, Former President of South Africa
5. “Since they are trained in various aspects of social work, they could network and collaborate with governmental and non-governmental agencies and with individual

initiatives at the local level.” ~Prof. B. Devi Prasad, a social work educator and co-author of the business line, *The Hindu*.

6. “Change will not come if we wait for some other person or if we wait for some other time. We are the ones we’ve been waiting for. We are the change that we seek.” ~Barack Obama, 44th U.S. President
7. “I greet you all in the name of peace, democracy and freedom for all. I stand here before you not as a prophet, but as a humble servant of you, the people. You are tireless and heroic sacrifices have made it possible for me to be here today. I therefore place the remaining years of my life in your hands”. ~Nelson Mandela, Former President of South Africa
8. “Alone we can do so little; together we can do so much.” ~Helen Keller, U.S. author, educator, and disability rights advocate.
9. “It is not your job to save everyone. Some people are not even ready to be helped. Focus on being of service to those who are, and be wise and humble enough to know when the best service you can offer is to guide them toward help in another direction.” ~Anna Taylor, award-winning New Zealand fiction author
10. “It is in your hands, to make a better world for all who live in it”. ~Nelson Mandela, Former President of South Africa
11. “I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do.” ~Edward Everett Hale, U.S. author, historian, and clergyman, best remembered for his short story in support of the Union’s Civil War effort, “A Man Without a Country”
12. “Education is the most powerful weapon which you can use to change the world”. ~Nelson Mandela, Former President of South Africa
13. “The happiest people I know are those who lose themselves in the service of others.” ~Gordon B. Hinckley, U.S. author and religious leader
14. “A winner is a dreamer who never gives up”. ~Nelson Mandela, Former President of South Africa
15. “As we lose ourselves in the service of others, we discover our own lives and our own happiness.” ~Dieter F. Uchtdorf, German aviator, airline executive, and religious leader

16. “What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others”. ~Nelson Mandela, Former President of South Africa
17. “It is one of the most beautiful compensations of this life that you cannot sincerely try to help another without helping yourself.” ~Ralph Waldo Emerson, U.S. lecturer, poet and essayist who popularized New England Transcendentalism

REVIEW OF LITERATURE

A social worker is a person who helps in solving different issues of people. Thounaojam Iboyaima is regarded as the father of social work. Social Work Education began in 1913 in India, after the establishment of Sir Dorabji Tata Graduate School of Social Work in Mumbai. Social work was started as a profession for the first time in the 19th century.

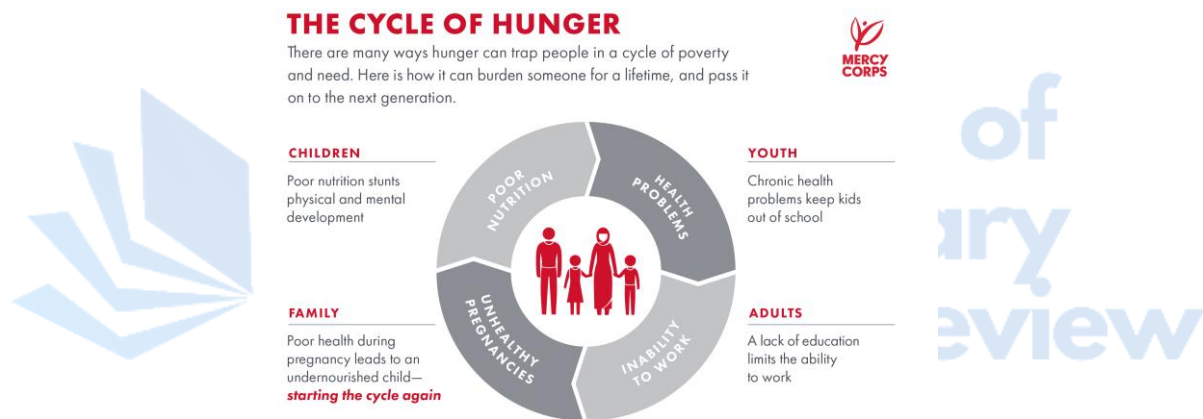
More than 75 % of the people in the world are dying hungry!

As per the Food & Agriculture Organization of the United Nations, in 2020, between 720 and 811 million people faced hunger. Healthy diets are out of reach for 3 billion people. Out of the total population, that is in 821 million people, one in nine do not have access to enough food.

The reason for many people in the world to be hungry are:

- Many people living in poverty, not having enough money to buy food due to having children at a very young age, HIV/AIDS natural disasters and lack of opportunities for income.
- Food Crops, like maize (Corn), rice, wheat and milk are becoming more expensive day to day in life.
- Low productivity struggle to grow more food and market their produce due to lack of skills and education to farmers. Governments also, that is often investing very little money in improving very little money in improving their country’s agricultural productivity.
- Some households, where one parent is disabled or only one person is earner.

- Speedy growth of population growth across the developing world means there are more mouths to feed but also smaller farm sizes to produce food. High population pressure is also causing increased deforestation and natural resource degradation.
- Many developing countries are prone to drought reducing the amount of food available climate change and global warming is making worst the situation.
- In developing countries, hunger is related to poverty and to under developed agriculture, where bad health, weather changes, and natural disasters, hunger can also be found.
- Hunger results from war and displacement, unstable or unavailable markets and from waste.



The problem of food insecurity in developed countries is a growing problem with far reaching public health, social and economic impacts. There will always be a need for food assistance to address emergency situations.

WORLD ECONOMIC FORUM

China, Kyrgyz Republic, Moldova and Vietnam effectively ended extreme poverty by 2015. About 1.1 billion people have moved out of extreme poverty since 1990. 15 countries have made rapid progress in reducing extreme poverty. Tanzania almost halved its extreme poverty in just over a decade. These countries have seen biggest falls in extreme poverty: Tanzania (2000-2011); Tajikistan (1999-2015); Chad (2003-2011); Republic of Congo (2000-2015);

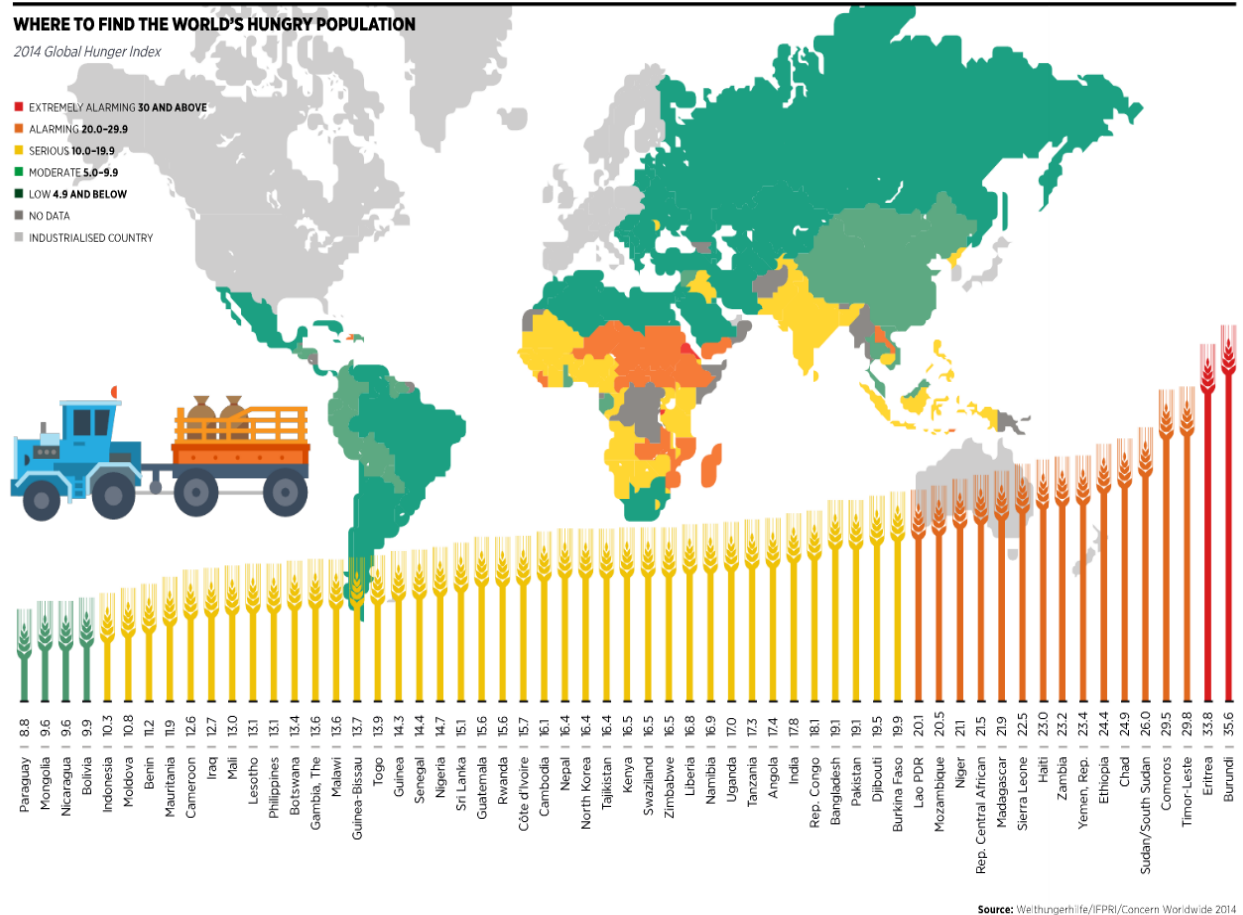
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China (1999-2015); India (2004-2011); Moldova (2000-2015); Burkina Faso (1998-2014); Congo Democratic Republic (2004-2012); Indonesia (2000-2015); Vietnam (1998-2016); Ethiopia (1999-2015); Palesstan (2001-2015); Namibia (2003-2015).



Hunger issues in some of the areas all over the world:

1. Sudan: Around 25 % of Sudan’s population is undernourished and hunger is on the rise. Due to internal conflicts including two civil wars people are struggling a lot for food.



2. Eritrea: 65 % of population of Eritrea is facing lot of problems for food, due to war between Eritrea and Ethiopia. Most productive land in the country remains unused. It's largely because of nearly 1 million Eritreans displaced during 1998-2000 Eritrean-Ethiopian war.



3. TimorLeste: Between Indonesia & Australia, there is a small island called Timor Lestewith a population of only 1 million population.



4. Yemen Republic: 32 % of population of Yemen has had an extreme change in its food security over last 10 years because of large scale displacements, civil conflicts, political instability, high food prices, endemic poverty and arrivals of refugee and migrants.



5. Madagascar: More than 34% of the population of Madagascar are struggling for food. The country is prone to natural disasters such as cyclones, floods and drought. In 2013, the islands faced its worst ever locust plague, which did not progress agricultural production and threatened food security.



6. Zambia: 50% of the population are facing food problems, due to the high rates of malnutrition, poverty, food insecurity, HIV, AIDS, Malaria. The country's food security challenges have become the worst by a high dependence on rain-fed agriculture and absence of market to encourage a shift from farming.



7. USA: In 2020, 1 in 8 Americans were found food insecure, over 38 million Americans including 12 million children are food insecure. United States of Agriculture defines food insecurity as a lack of consistent access to enough food for an active, healthy life.



8. India: Fifteen percent of the Indian population every night sleeps hungry. This issue hardly finds its place in media reports, Prime-time or in sensational or breaking news. 194 million Indians are undernourished. Recently out of 117 countries, India ranked at 104 at the Global Hunger Index.



9. Pakistan: Pakistan's 20% population or 42 million people are 'undernourished', according to the Global Hunger Index Report. The under-age five mortality rate has also dropped which shows overall improvement, but Pakistan ranks 106 out of 119 countries that the report tracks. It is labelled as 'serious' condition.



Many people, who are struggling for food in their daily lives, are illiterates, unemployed, old aged, disabled people who do not have the resources to meet their basic needs, challenges which increase a family's risk of food insecurity. (Senior Citizens / Children / Rural Communities / Africans / Americans and Latinos).

116 Out of 195 countries in the World are facing Nutritional problems, observed in below 5 years children. Lack of growth in height, weight, mental health, etc. are highly seen in many countries.

A ⁱⁱⁱ 'global hunger' high rate for countries is calculated by seeing at the percentage of population that are having insufficient food for good health conditions, children younger than 5 years who are under weight and the percentage of children dying before the age of 5 years. It is really shame to the governments & rules, who are proudly announcing that their countries are well developed and growing vastly towards technologies.

Below are some of the influential organizations that are fighting poverty in developing countries are working to make the lives of the world's poor better.

1. OXFAM – Oxford Committee for Famine Relief
2. UNDP – United Nations Development Program
3. UNICEF – United Nations Children's Fund
4. UNOCHA – United Nations Office for the Coordination of Humanitarian Affairs
5. UNDESA – United Nations Department of Economic and Social Affairs etc.
6. The Borgen Project

7. U.S. Agency for International Development (USAID)
8. Overseas Development Institute (ODI)
9. Concern Worldwide
10. The Hunger Project
11. Bill and Melinda Gates Foundation (BMGF)
12. World Bank Group
13. The Earth Institute
14. The Red Cross
15. Engineers Without Borders (EWB)
16. International Association of *Lions Clubs*

Promoting Human Rights Social Workers embrace and promote the fundamental and inalienable rights of all human beings. The ^{iv}development of social work is based on report for inherent worth, dignity of all people and the individual and social/civil rights that follow from this. Social workers often work with people to find an appropriate balance between competing human rights.

Emergency of social work in Middle East: Importance of social work discipline in Egypt has grown, as a result of the necessity for welfare programs for the poor and vulnerable individuals. The country has to initiate social work models developed in other countries. Egypt, as the trend setter among Arabic speaking countries, established social work education- 1935 as a genuine reaction to societal need. Social work education and practice experience in the UK and USA model was effectively imported there. The institute of social studies at the University of Alexandria offers MA & PhD programs in social work. Al-Azhar University in Cairo, which began as a school of Islamic studies in 970 A.D. is the world's oldest continuously operating institution of higher learning. This university's newly founded Department of social work plays a strong emphasis on Islamic themes with modern social work studies.

“ZAKAT” is an essential concept in Saudi Arabia's social welfare systems by (Prophet S.A.W.S.) 1444 years back. It refers to almsgiving or a “Voluntary Wealth Tax” paid by every Muslims to acknowledge their societal responsibilities. In all Muslim countries it is a mandatory tax. Individuals and business in Islamic countries pay zakat once in a year.

According to World Bank, the countries with highest poverty rates in the world as on 2022 are:

Country	Percentage
South Sudan	82.30 %
Equatorial Guinea	76.80 %
Madagascar	70.70 %
Guinea – Bissau	69.30 %
Eritrea	69.00 %
Sao Tome & Principe	66.70 %
Burundi	64.90 %
Democratic Republic of Congo	63.90 %
Central African Republic	62.00 %
Guatemala	59.30 %
Afghanistan	54.50 %
South Africa	55.50 %
Yemen	48.60 %
Mexico	41.80 %
Nigeria	40.40 %
Colombia	35.70 %
Palestine	29.20 %
India	21.90 %

And more than 50 countries are above 40 % poverty lane as per the World Bank.

Social work is a profession, through which the needs of poor, people living in society may take care and develop them in all ways for their development, community needs and development, skill development, health sector, mentally, physically strong to face every equation in the lives of disturbed individuals, communities, families, groups, children and individuals who are facing problems to lead the life through education and awareness to the below poverty people in the nation or world.

Social works always ^{vi}helps to build the society towards, development in all sectors like Education, Health, Political Sciences, Community Development, and Economic Growth can bring reforms to develop the society through policies. To grow well and become strong in every field social work builds the Nation in all sectors.

Social work seeks to enhance the social functioning of individuals singly and in groups by activities focused upon their social relationship to constitute the interaction between man and environment.

These days everyone is facing mental disturbances in their lives to settle well, one should work hard and earn money for the self needs and development. Hence, each and every one is rushing towards money, position and social status in the society. Everyone is planning to earn money easily and searching for easy ways. In the meantime, all, who are searching for money to become rich in short time are moving towards crime and knowingly or unknowingly each and every one is slowly attracting towards wrong and doing wrong to develop self speedily. At this junction so many people are losing their valuable lives without any success in their financial status, addicting towards bad things like drugs, addiction to alcohol, smoking etc. For change in lifestyles and achieve success, it is the time for social worker and save the nation and the entire society and humanity, by government encouraging the NGO's and Social workers to come forward and save the nation and the youth from bad habits.

Social work is a science in the same sense that the knowledge taken from different disciplines forms the body of knowledge for the social workers and they use this theoretical base for helping people i.e., for practice method social work will help to understand the ways of helping people the methods such as: Social Work, Social Group Work, Community Organization, Social Work Research, Social Welfare Administration and Social Action.

Some of the ^{viii}basic functions of social work are: Restoration and Provision of resources and prevention. They are interdependent and intertwined. Restoration of impaired social functioning has two aspects namely: Curative and Rehabilitative. The curative aspects eliminate the factors responsible for the individuals impaired social functioning. This means disturbed interpersonal relations are corrected by removing the factors responsible for them.

Provision of resources social and individual again it subdivided into two developmental and educational. Example: Social worker helps Mr. & Mrs. X through individual and conjoint interviews to understand each other better and to open the channels of meaningful communication between them.

SOME OF THE WORKS DONE BY LIONS CLUB INTERNATIONAL

Over the last 100 years, the kindness of Lions and Leos has multiplied across borders, oceans, and continents. With over 1.4 million members, this organization now has an opportunity to truly change the world. This organization unites the global service around five areas of need. These Global Causes present significant challenges to humanity.

1. Diabetes: Serve to reduce the prevalence of diabetes and improve quality of life for those diagnosed.
2. Vision: Serve to prevent avoidable blindness and improve quality of life for people who are blind and visually impaired.
3. Hunger: Serve to ensure all community members have access to nutritious foods.
4. Environment: Serve to sustainably protect and restore our environment to improve the well-being of all communities.
5. Childhood Cancer: Lions and Leos provide support for the needs of children and families affected by childhood cancer through impactful service activities.

Few of the Lions Club services are: Donating books to children, donating food to the needy, serving food to the people, conducting free health and medical camps, cancer awareness camps, population control awareness camps, employment assistance, and many more.

MISUSE OF DONATION OF FUNDS

These are some of the ways where funds don't get utilized for the right purposes:

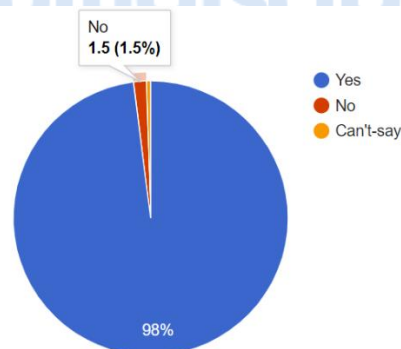
- Admin Cost: This is one of the standard ways of misusing the fund. Larger organizations like of CRY and others charge up to 97% of charity as admin charges. So, only small 3% or more would go to charity. This is gross misuse of funds.

- Awarding contracts to members: Members of the organization takes up contracts from organization and charge large sums for small contracts. This is another way of misuse of funds.
- Fund raising events: Too much money is spent on fund raising events without accountability. Doners money goes down the drain.

LITERATURE SURVEY

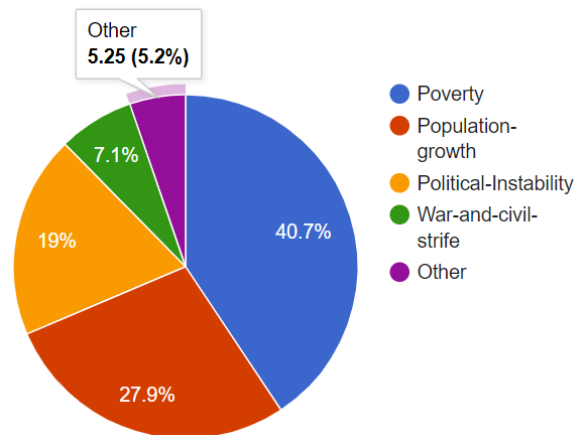
A standard procedure an Empirical Research Methodology was used to conduct the survey on the chosen topic. Demographically, the total number of respondents were 1517 among which 832 were Male and 685 were Female of all the age groups above 15. The tools used in performing this survey were: Direct Interaction, Emailing, social media, etc. The respondents were from various parts of the globe like India, USA, UK, China, Singapore, Australia, New Zealand etc. The survey reports were as follows:

Question 1:In this developed world, do you still think that there are some countries suffering for food, clothing, shelter, education?



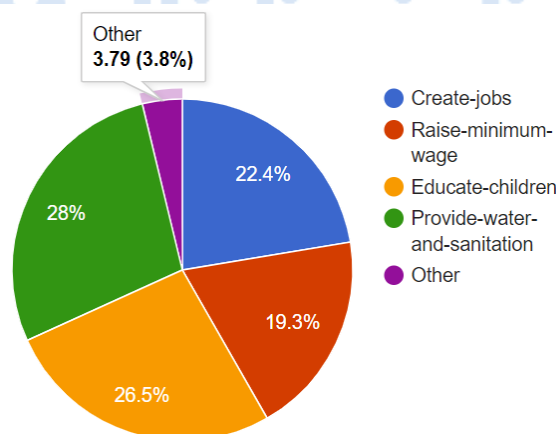
The above pie chart indicates the result of the survey for the first question, which states that 98% of the respondents agree to the point that there are some countries suffering for food, clothing, shelter, education, though the world is developed while 1.5% of the respondents did not agree and 0.5% of the respondents could not decide on that point.

Question 2:What would be reasons despite handsome development in the world?



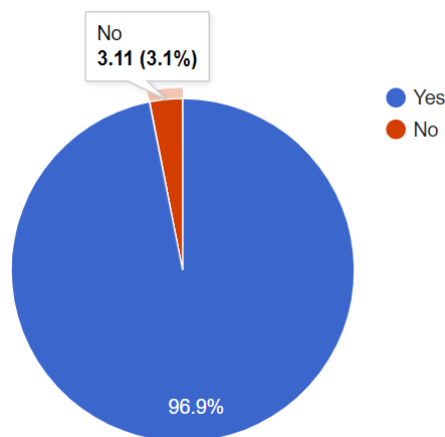
The above pie chart illustrates the survey result for the second question, which states that 40.67% of the respondents feel Poverty, 27.93% of the respondents feel Population growth, 19.04% of the respondents feel Political instability, 7.11% of the respondents feel war and civil strife, and 5.25% of the respondents feel other points- are the reasons for some countries suffering for food, clothing, shelter, education despite handsome development in the world.

Question 3:What do you suggest to develop such poverty sectors?



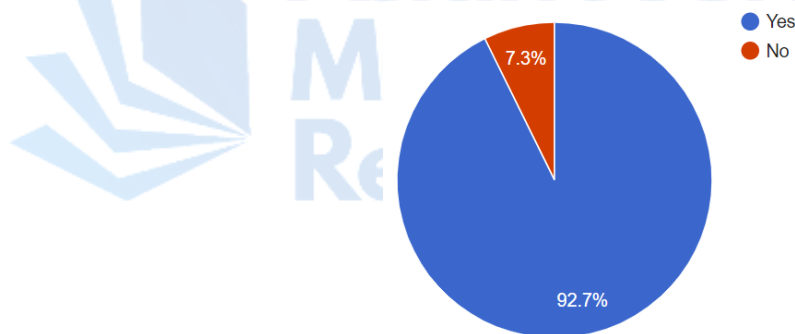
The above pie chart exhibits the survey result for the third question that states that 22.39% of the respondents feel creating more jobs, 19.31% of the respondents feel raising minimum wages, 26.54% of the respondents feel educating children, 27.97% of the respondents feel providing sanitation and water, and 3.97% of the respondents feel others may be the ways to improve the poverty.

Question 4: Do you have any basic idea of what social work is?



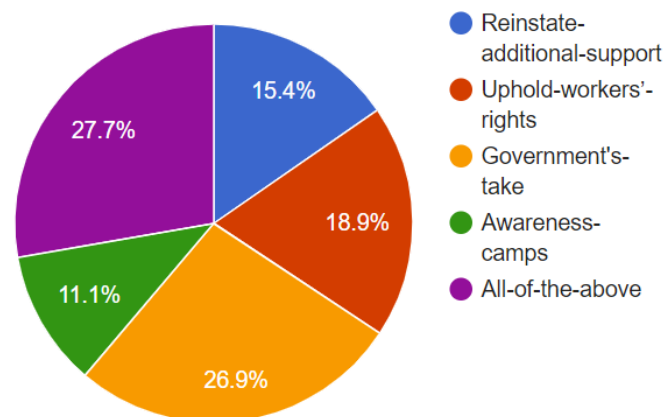
The above pie chart shows the result of the survey for the fourth question, which states that 96.89% of the respondents have basic idea of social work while 3.11% of the respondents do not have.

Question 5: Do you think, social service could help to resolve the problem?



The above pie chart depicts the result of the survey for the fifth question, which states that 92.87% of the respondents think that social service could help to resolve the problem while 7.31% of the respondents do not.

Question 6:What do suggest to strengthen Social Work or already working on Social Work organizations and individuals?



The above pie chart indicates the result of the survey for the sixth question, which states that 15.37% of the respondents suggest Reinstating additional support, 18.92% of the respondents suggest Upholding workers' rights, 26.91% of the respondents suggest about Government's action, 11.06% of the respondents suggest about conducting awareness camps while 27.74% of the respondents suggest all the above points- for strengthening Social Work or already working on Social Work organizations and individuals.

SUGGESTIONS

It is one's responsibility to stand for social cause and strengthen our societies, nations and the people towards love and affection in their lives through education, health, relationships and bringing awareness in the society for happily lives.

Governments should take proper steps to develop social work by bring reforms in school education to implement social work as mandatory or compulsory from the primary education itself for the betterment of humanity, human relationships, building respect towards the entire globe and healthy society.

While these facts demonstrate tremendous progress, ending hunger by 2030 remains a colossal task. An unacceptable 805 million people- one in nine members of human family- live in chronic hunger. Governments and the global community must allocate sufficient resources and

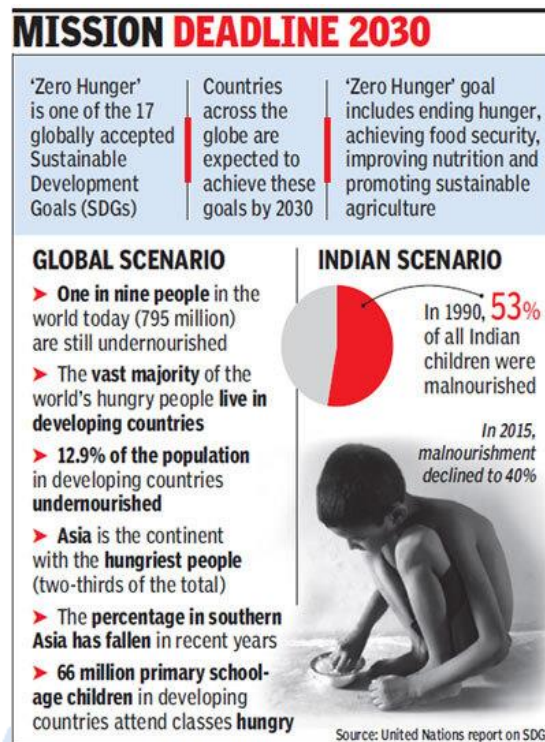
pursue policies and investments that promote equality while enlisting full participation at the grassroots level.

CONCLUSION

The field of social work works to improve wellbeing by fostering societal change and human connection problem-solving. It is critical to understand the origins, functions, and justifications of social work. The definition of and best practices for the practice of social work are contested concepts. Social work assists individuals in resolving personal and social issues so they can overcome or cope with any challenges they may be facing. Social work combines societal transformation and social stability. Social reform aims to improve the negative features of society while social stability supports individual and social welfare. Law and policy have implicit principles that frequently reflect societal values. Social workers directly serve many individuals who have walked directly through traumatic experiences and deal with a lot of fear. As such, they can be examples of how to choose love over fear, love over hatred, and forgiveness over retaliation. The way that social workers perceive and carry out their vocation might be influenced by personal values.

Social workers are the happiest people known, who lose themselves in the service of others. Forgetting personal woes is easier when serving the needs of those around us. For social workers, the needs can be over whelming. But regardless of the results the career rewards are intangible.

Research institutions have determined ending extreme poverty is possible by 2030. And because poverty and hunger are inextricably linked, this has a direct impact on ending hunger. According to World Bank scenarios, if we assume a per capita growth of 4 percent in each developing country (which has been the average growth rate of developing countries as a whole from 2000 to 2010) as well as unchanged income distribution (equivalent to the average for developing countries as a whole from 2000 to 2010), it is possible to bring global poverty to 3% of the world's population- what is viewed as a statistical end to poverty- by 2030 with the help of Social Workers, NGOs, Governments let us stand for end in poverty to 0%.



People occasionally feel as though God has sent someone to assist them when they desperately need it. It's a fantastic work, if one can assist others. Both the rich and the poor have been created by God, according to Indian myths. And if someone is wealthy, he/she should look out for the underprivileged so that society can advance. The country or city will not be referred to as developed if one develops it on their own, until and unless everyone come forward to serve the people who are in need.

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